

THE FURPHY

ARMADALE SUB-BRANCH OFFICIAL NEWSLETTER



August /
September
2018
Edition

The Price of Liberty is Eternal Vigilance





ARMADALE RSL SUB-BRANCH

1 Commerce Ave, Armadale, WA 6112

PO Box 697, Armadale, WA 6992

Ph: Office (08) 9497 1972 Bar: (08) 9399 6239

Email: admin@armadalersl.com.au or secretary@armadalersl.com.au

Website: www.armadalersl.com.au

EXECUTIVE AND COMMITTEE 2018

PRESIDENT	Ms Lynda Zappelli
VICE PRESIDENT	Mr Brent Errington
HON SECRETARY	Mr John Hennah
TREASURER	Mr Peter Mahoney
MEMBERSHIP OFFICER	Mr Tom Rynn
WARDEN	Mr Johannes van de Velde
WARDEN	Mr Graeme Cowie
SERVICE MEMBER	Mr Ken Hepburn
SERVICE MEMBER	Mr Gus Warner
SERVICE MEMBER	Mr Michael Fairweather

WELFARE AND PENSIONS

Ex Officio	WELFARE	Mrs Jude Firth Ph: 0414 793 378
Ex Officio	WELFARE	Mr Ken Hepburn Ph: 0428 001 949
Ex Officio	WELFARE	Miss Lynda Zappelli Ph: 0439 447 466

VOLUNTEERS

MEMORABILIA	Mr Michael Fairweather & Mr Adam Green
DALE COTTAGES	Mr Ken Hepburn
MAINTENANCE	Mr Bob Giles
GARDENS	Mr Lucky Pete

Committee Meetings:	First Wednesday of the month
General Meetings:	Second Sunday of the month at 1030 hrs
Annual General Meeting:	Sunday 8 September 2019

The Secretary's Desk



Well August slipped by very quickly and we are now into September. Apologies for not getting an August edition out. Personal life and work commitments were just too great. So this edition will be a joint August – September periodical. I have already drafted an October edition so let's hope I'll be on the ball for getting that out on time.

The AGM recently passed and we have a new Executive Committee again being Captained by Lynda Zappelli. Brent Errington has moved into the position of Vice President and is relishing the challenges ahead. Peter Mahoney has graciously put his hand up to be our Treasurer and I have already noticed he's getting stuck into the thick of it to get our reports up to speed.

I would like to make a special mention and thank you to Ken Hepburn who has put in a huge amount of time at the club in the past few months assisting Lynda and myself. His knowledge base and know how on what needs to be done, when it needs to be done and GET IT DONE has been invaluable. You have made my life considerably easier with your assistance Ken and it doesn't go unnoticed. Ken is remaining within the committee and is taking on roles to continue the fluid running of the club. The Quiz Night recently held was a great success and a fair whack of money was raised for a fantastic organisation; Whiskey's Wish. There's been plenty of banter about the club about who beat who and who possibly got too affected by alcohol and couldn't remember certain answers...allegedly.

The next few months leading up to Christmas will pick up pace no doubt. I'm sure with the cold weather on the way out, more people will start coming down to the club in the warmer months and we look forward to seeing you.

Johnny Henna

President's report

I would like to thank all those who attended this year's Annual General Meeting and elected our new committee. I hope moving forward with our new committee we can bring much more to our sub branch and take this club in a positive and prosperous direction.

The opening positions for our subcommittee are up on the board and if you would like to be more involved with your sub branch please put your name down.

Remembrance Day is quickly approaching and this year is a very significant year being the centenary of the cessation of WW1. I would really love if our members can be actively involved with leading up to the commemorations and raising money for the poppy appeal to help out veterans in need as well. Please visit us in the office or write your name down on the board if you are able to assist.

Lastly I believe that our RSL is needing a new approach to reaching out to our veterans within our community and encourage them to reconnect with the RSL for generations of service members to come. If you believe you can help or have an idea, please share or if you'd like to be involved in this drive please come see the Executive and we would love to hear your ideas.

MILITARY HISTORY FOR AUGUST

Australian Women's Army Service (AWAS)

From the outset of the Second World War, Australian women were aware of the changing role of British women in supporting Britain's war effort. To help "do their bit" for Australia's war effort, women in Australia joined groups as diverse as the Australian Red Cross Letters Association, the Australian Comforts Fund, the Women's Air Training Corps, and the Women's Emergency Signallers.

The Women's Australian National Service (WANS) was inaugurated in 1940. Training for members of the WANS included air raid drills, first aid, basic military drills, and even shooting, signalling, and mechanics. In the period leading up to the formation of the Australian Women's Army Service (AWAS), the WANS demonstrated that women were capable of filling roles traditionally filled by men.



Sir Percy Spender, Australia's Minister for the Army, considered women to be an underutilised resource in Australia's war effort. Consequently, he approved the formation of the AWAS on 13 August 1941 with the objective of releasing more men into forward areas.

Many of the women who entered the AWAS had previously been in the WANS. Members of the AWAS took on roles such as drivers, provosts, canteen workers, cooks, typists, signallers, and cipher clerks. There were other unusual roles, such as a Japanese translator, a veterinary surgeon, and an anthropologist who liaised with Indigenous groups.



A group of AWAS personnel was stationed at the barracks near Cowra during the prison camp breakout in 1944, and another AWAS group was attached to the experimental chemical warfare unit in Queensland. Over 3,000 AWAS members helped defend Australia by manning the Fixed Defence units.

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After the war ended the AWAS was no longer required. Colonel Irving resigned on 31 December 1946, and the AWAS was demobilised by 30 June 1947.

MILITARY HISTORY FOR SEPTEMBER

HMAS AE1

His Majesty's Australian Submarine AE1, the Royal Australian Navy's first submarine, was commissioned in the United Kingdom on 28 February 1914. After commissioning, she sailed to Australia crewed by British and Australian sailors, accompanied by her sister AE2, arriving at Sydney in May 1914.



Following the outbreak of war in August 1914, both submarines proceeded to New Guinea for operations against the German colonies. On 14 September, AE1, accompanied by HMAS Parramatta, left Blanche Bay, New Britain, to patrol off Cape Gazelle. She was last seen by Parramatta at 3.30 pm that day. Despite extensive searches no

trace of the submarine or its complement of three officers and 32 sailors was found. It was the RAN's first loss of a vessel and its entire complement.

Despite further searches being conducted from 1976 onwards, no trace of AE1 was found until December 2017 when the research and survey vessel MV Fugro Equator located the wreck of AE1 off the Duke of York Island in around 300 meters of water.



In April 2018 an expedition was conducted to the site of the wreck, this time with the Research Vessel Petrel. A comprehensive survey of AE1's hull was done using the ship's Remotely Operated Vehicle. It is hoped that the results of this survey will allow researchers to better understand what happened to AE1.

Sources: Australian War Memorial
(Photos / images) ABC, AAP, Mark Knight



UPCOMING EVENTS IN THE PERTH METROPOLITAN AREA

MEMORIAL FOR THE GENERALS

13 October 2018 11.00am – 12.00pm

Jurien Bay War Memorial, Hastings St, Jurien Bay

FREE

PARENTING SUPPORT “CIRCLE OF SECURITY”

(Parents of Children aged 0 - 5 years)

The Circle of Security is a relationship-based early intervention program designed to enhance attachment security between parents and children.

8 Saturday sessions beginning 27 October 2018 9.30am

To register for group programs, or to make further enquiries, please contact [Veterans and Veterans Families Counselling Service](#) Perth on 1800 011 046 or email vcswa@dva.gov.au

RELAXATION AND MINDFULNESS SKILLS

29 October 9.30am

30 October 9.30am

2 DAY WORKSHOP – VVCS APPLECROSS (7 Kintail Road Applecross)

To register for group programs, or to make further enquiries, please contact [Veterans and Veterans Families Counselling Service](#) Perth on 1800 011 046 or email vcswa@dva.gov.au

Upcoming Events for your Diary

Military Brotherhood MMC



\$20 PER BIKE

Rockingham and Perth South Sub-Branched proudly presents

Legacy Charity Ride 2018

Sunday 16 September 2018

Meet at Armadale RSL

1 Commerce ave, Armadale WA 6112

9:30- Registration

10:20- VIP Speech

10:40- Ride Brief

11:00- Stands up

Travel to Rockingham RSL

19 Memorial Drive, Peron WA 6168

★ FOOD ★ BAR ★ RAFFLES ★ ENTERTAINMENT ★

For more information please contact Gary "Scotty" Scott
on 0417 974 994 or email scottgm@bigpond.net.au



By registering for this event you acknowledge that you will not hold the Perth South and Rockingham Sub-Branched of the Military Brotherhood Military Motorcycle Club liable or responsible for injury, paralysis or death to you or loss or damage to any of your property arising from or in connection with this event. You are participating voluntarily and fully at your own risk.

Inspirational quote for September

"You can never cross the ocean until you have the courage to lose sight of the shore."

Christopher Columbus

WELFARE MATTERS

THE NEEDS OF KNEES

This month we will talk about KNEES, something we all have and some of us suffer a lot of pain because they are worn because of the lifestyle we have lived.

A 5 Point Plan for reducing knee damage or limiting its progression;

1. Family. Some of us are genetically more susceptible. Sure, we did not choose our parents, but if arthritis or ligament problems are "in the family" then we should take extra care.
2. Fatness. Every extra kilo puts a load on the knees and increases the chance of damage. Overweight patients also do less well after surgery, and of course vigorous exercise and weight control are harder when the knees are shot!
3. Fitness. Always a good idea, but pay, particular attention to the quadriceps muscles, which stabilise the knee itself. These big muscles on the front of the thigh quickly become flabby if we are lazy, but just as quickly regain power and "tone". Everyone's KNEEDS are different so a tailored exercise program pays dividends.
4. Footwear. Stability from the ground up is a no-brainer. Always wear good fitting footwear, ensuring comfort and stability, at all times.
5. (F)pharmacy. Simple medications and even some complementary agents can be helpful, to relieve pain and possibly limit ongoing damage. Beware of TOUTED MIRACLE cures, get advice from your regular GP.

This advice should be taken with recommendations from your GP.

Live Healthy and Happy! Cheers Jude

FRIDAY NIGHT **MEMBERS NIGHT**

Come along and have a meal and support:

Lillian's Friday Night Raffles,

which help towards the Children's Christmas Party.

The prizes are drawn immediately after "The Ode" which is observed each Friday night at 7pm.

SIGNIFICANT BIRTHDAYS



AUGUST 2018

Graeme McDonell	70
Cheryl Cowie	70
Adrian Peters	50

SEPTEMBER 2018

Henry Dodds	80
Brian Sheridan	70
Peter Gaiger	70
Matthew Grubb	20

From all the committee and all the members, happy birthday to you and we hope you have a wonderful birthday



Joan enjoying her birthday cake at the Service Members lunch while Jack looks on

Do you have a story?

Have you been to a service or ceremony recently?

Would you like to share some history or photographs?

Contact the Armadale RSL Secretary



HAVING A FUNCTION? WHY NOT HAVE YOUR PARTY AT OUR CLUB

- **REASONABLE RATES WITH MEMBER DISCOUNT**
- **FULL BAR AND CATERING FACILITIES**
- **ALL ENQUIRIES CAN BE MADE AT THE BAR**



MEMBERSHIP

The fees for annual membership are as follows:

- Service Members: \$40.00, must provide evidence of service.
- Affiliate Members: \$40.00, must provide evidence of relative's service.
- Social Members: \$50.00 and must provide proof of identification.
- Current Serving Members receive their first year membership free.

For all enquiries regarding membership, please contact the Membership Officer; Tom Rynn or one of the bar staff, or a committee member.

SUPPORT BUSINESSES THAT SUPPORT US

Harvey Norman®

10 Prospect Road, Armadale
9498 4400

GETAWAY OUTDOORS



Getaway Outdoors Kelmscott
5/2938 Albany Hwy Kelmscott
Ph: 08 9495 4444 Fax: 08 9495 4344

For all your camping, fishing and outdoor needs.
All RSL members are welcomed to a 10% discount on presentation of their membership card on excluding fridges, generators, GPS's, kayaks and sale items.

See you out there!!!

KING TATTOOS

Tattoo and Body Piercing Studio
Shop 14 - Champion Lakes Shopping Centre, Camillo
9495 2364

Our Award Winning Artist
AJ
has over 40 years
experience in the Tattoo
Industry

Specialising in Portraits,
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New Needles etc. are used for
every client



Make sure you see us
before starting your next
Tattoo

10% DISCOUNT ON PROOF
OF RSL MEMBERSHIP
To qualify for Discount
Appointments are Essential

Autoclave Sterilisation used on premises

Open from 10am Tuesday to Saturday (Out of Hours by Appointment Only)

 King Tattoos and Body Piercing by AJ

www.kingtattoos.com.au

Tee's Appliance Repairs

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- Washing Machines
- Dryers
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- Electric Cooktops



We can also install new ovens.

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We offer Competitive Rates,
Same day Service and RSL Club Member Discounts.

7 Orchard Avenue
Armadale WA 6112

Ph: 08 9394 5000

info@armadale.wa.gov.au





DALE COTTAGES

Dale Cottages are often in need of part time workers in the following fields:

- * Nursing * Drivers * Gardeners
- * Carers * Handy Men

If anyone would like to offer their time and services it would be very much appreciated. Please contact Stacey Dowding at Dale Cottages 9399 5393 ~ csc@dalecottages.org

Dale Cottages **“Village Home Open”**

Every Wednesday 11am – 2pm

Obligation free and includes a cottage and apartment inspection, Village tour and a take home information pack. Contact 9497 3200 or vma@dalecottages.org



Cnr Jull Street & Third Road
Armadale **Phone:** (08) 9399 8999



Shop 12 1256 Armadale Road (Haynes Shopping Centre)
Armadale WA 6112.
93995555

armadale@batteryworld.com.au

Discount Vouchers available at the bar

